



## Black Country Moving – Monthly Learnings Logs

### Learning Log – Bushbury South and Low Hill

Month	Engagement	Learnings	Challenges / Areas of Support	Priorities
April	<ul style="list-style-type: none"> <li>- Wolverhampton VSC Ian Darch CEO, Linda Stone Social Prescribing Manager</li> <li>- Sam Axel from Public Health</li> <li>- Chris Jellyman &amp; Laura Wallace (PACT)</li> <li>- Anton Wright - Participation Officer</li> <li>- Opinderjit Takhar - Associate Professor of Sikh Studies (Connected with the Punjabi community)</li> </ul>	<p>The first month of the project has been focused on building local contacts and visiting the wards.</p> <p>WV10 Consortium is a formal collaboration of local organisations to enable sharing of resources and maximising inward investment. It includes a number of strategic partners that will be helpful to this project including Bushbury Hill Estate Management Board, Bushbury Community Action Group and Big Local Venture Centre.</p>	<p>The WV10 Consortium have been unwilling to engage with the project thus far. The Connector has committed to continue to update the consortium on all future opportunities to be part of this piece of work.</p>	<p>Endeavour to get 10 local people for our longitudinal case study.</p> <p>Connect with Hope Project</p> <p>Connect with Ranjit from Cannock Road Gurdwara to discuss possibility of linking with the faith centres</p> <p>Connect with Serena, a local Social Prescriber, to look into setting up walks with their clients.</p>
May	<ul style="list-style-type: none"> <li>- Wolverhampton VSC Ian Darch CEO, Linda Stone Social Prescribing Manager</li> <li>- Ranjit Singh – Wolverhampton Wrestling Club</li> <li>- Engage Trust</li> <li>- The Hope Project</li> </ul>	<p>The park on Bushbury Lane serves part of the ward and has one walking path that leads up a hill to no eventual destination. The park would benefit from a dedicated walking route.</p> <p>The green area on Showell Circus roundabout appears to be underused. Whilst surrounded by a relatively busy road, it would be good to conduct a mini walking circuit session at this facility.</p>	<p>The Connector is concerned with the lack of community organisations who are willing to engage, however progress is gradually being made. Contact has been made with Lisa from The Hope Project.</p> <p>In addition, the Connector has learnt from The Engage Trust that younger people in the area feel like there aren't enough opportunities for them. The Connector is exploring the opportunity to use BCM funding to set up something suitable.</p>	<p>Follow up meeting with Ranjit in June to discuss a pilot project in relation to physical activity that he hopes to set up and how we can support with getting people active from the Gurdwara</p> <p>Reconnect with the Hope Project</p> <p>Matt Foster - Engage Trust and Adam from Wild Campus against Waste</p> <p>Attend brain storming session with Linda Stone &amp; Social Prescribers - Brain storm about contributing TIF funding to activities.</p>
June	<ul style="list-style-type: none"> <li>- Anton Wright – Participation Officer</li> <li>- Ranjit Singh – Wolverhampton Wrestling Club</li> <li>- Big Local – Chris Allen</li> </ul>	<p>The Connector is working with Anton Wright with a view to developing activities for young people living in the ward. The suggestion of Rollerblading at Moreton school is being considered however, due</p>	<p>The Connector has struggled to engage with the WV10 Consortium but will persevere.</p> <p>The forthcoming six-week holidays prevent challenges to</p>	<p>Attend a litter pick with Adam from Wild Campus Against Waste. (If Adam arranges one as a ice breaker before the camping adventure)</p> <p>Meeting with Matt from Engage Trust</p>



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	<ul style="list-style-type: none"> <li>- Engage Trust – Matt Foster</li> <li>- Wild Campus Against Waste – Adam Howell</li> <li>- Linda Stone – Social Prescribing Manager, WVSC</li> <li>- Good Shephard Church – Linda Forrester</li> </ul>	<p>to impending school holidays, it is unlikely to take place prior to September.</p> <p>The Connector undertook a tour of the Wrestling Club &amp; field that sits behind. There was a discussion regarding Women's Only Chair Based Exercise and walking activities at the field. BCM team will pursue the chair-based exercise for now. Ranjit will look into volunteers to run potential sessions.</p> <p>Adam Howell is currently not conducting any litter picking as he is busy recruiting for his other project which is a Free Nearly Wild Camping Experience at Patshull Activity Centre for single parent families. Adam intends to hold 3 sessions at Patshull Activity Centre throughout August. He will then start litter picking, if he has time he will conduct a litter picking sessions as an ice breaker for the families who will be attending camping.</p> <p>WVSC's Social Prescribers have met about TIF – this was an outcome from the initial meeting. Each mini team of Social Prescribers will research a Faith Centre, Park and Gym in their area. The next meeting is scheduled for the 13th July. Linda will catch up with the BCM Connector the next day and plans to invite Ben Mescam (Personal Instructor who has previously delivered sessions for Linda) to the future meeting.</p>	<p>developing activities with Anton. The Low Hill Ambassadors Forum, which he runs as part of his role with CoWC requires more people however this will be paused during the summer.</p>	<p>Attend PACT Meeting (19.07.21) Opportunity to engage with some of the residents.</p> <p>Meet with Ranjit about the women's only chair-based exercise sessions.</p>
July	<ul style="list-style-type: none"> <li>- Ranjit Singh – Wolverhampton Wrestling Club</li> <li>- Chris Jellyman (PACT)</li> <li>- Cllr Ian Brookfield</li> </ul>	<p>Connector scheduled an introduction meeting with Wolves Wrestling Club and Debo a Yoga/Tai Chi Instructor. Ranjit agreed for Debo to deliver some women only yoga classes. These classes will be a part of a new weekly activity</p>	<p>Only challenge is not being able to connect with Anthony from Grace Church – the Connector plans to attend Low Hill Community Event next month and ward walk - Intend to go into Low Hill Community</p>	<p>Attend Low Hill Unlocked Event on Saturday 14th August to engage with local residents.</p> <p>Ranjit's Sports Activity Day at the Wrestling Club on Sunday 22nd August.</p>



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	<ul style="list-style-type: none"> <li>- Anton Wright – Participation Officer</li> <li>- Angela Dodds – St Peter Pilgrim</li> <li>- Selena Hall – Local Resident</li> <li>- Ben Mescam – Fitness Instructor</li> </ul>	<p>programme. Ranjit also intends to hold a Sports Activity Day on the 22nd August, as a taster Deb will deliver a taster session at the Sports Activity Day.</p> <p>The Connector introduced BCM Project to PACT which has resulted in making progress in terms of community engagement as Steven from Street Watch was keen to work with the project. BCM will be present at his Community Day at the Good Shepherd Church on Saturday 14th August.</p> <p>Angela Dodds from St Pilgrims Church is interested in attending online walk leader training. The Connector will work with her to set up a walking group.</p>	<p>Centre to see Tony about activities currently taking place.</p>	<p>Ward walk with Angela &amp; Deon in order for us to plan a walking route in the ward on 16th August.</p> <p>Attend Low Hill Ambassador Forum.</p> <p>Patrol Walk with Street Watch</p>
<p>August</p>	<ul style="list-style-type: none"> <li>- Low Hill Street Watch</li> <li>- Wolverhampton Wrestling Club</li> <li>- St Peter Pilgrim</li> <li>- Cllr Jayne Stevenson</li> <li>- Beat The Street (Health Intelligence)</li> </ul>	<p>Low Hill Unlocked Community Event - This was a great networking opportunity to meet residents. The Connector is working with Low Hill Street Watch to develop a walking route that includes a possibility of bird watching</p> <p>Festival Sport Fun Day - Opportunity to gauge if the women from the Gurdwara would like to do chair-based yoga by having a session delivered as a taster at the event</p>	<p>Ward Walk - The route previously developed for residents is not suitable for inactive individuals. The route included a steep hill on Sandy Lane which would not be appropriate. The Connector plans to overcome this by arranging another walk in the ward and will liaise with Low Hill Street watch.</p> <p>Supported Lucy Palin from Health Intelligence (Beat the Street) by having a discussion about contacts in the area</p>	<p>Plan with Ranjit &amp; Debo the yoga instructor when the chair based yoga can commence.</p> <p>Conduct another ward walk with Deon &amp; Angela</p> <p>Contact Tony from Low Hill Community Centre as to whether the centre can be used a place for walker to rest and chat. In addition, discuss the possibilities of an instructor like Ben Mescam for example delivering some sessions at the centre.</p> <p>Meet with Steven &amp; Jane from Low Hill Street Watch to discuss litter picking and walking activities in the ward.</p>



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<p>September</p>	<ul style="list-style-type: none"> <li>- Low Hill Street Watch (Jane)</li> <li>- Local Resident (Ed Young)</li> <li>- Wild Camper Against Waste (Adam)</li> <li>- Diabetes UK (Samina Yousa)</li> <li>- Cannock Road Gurdwara (Ranjit)</li> </ul>	<p>The Low Hill Street watch team would be interested in taking part in walk leader training.</p> <p>The Connector linked in with local residents at Low Hill community centre about physical activities. The gentlemen attending the centre who were engaged with aren't particularly interested in activity (they were older men who meet to play dominoes) however this sort of face-to-face engagement provides BCM with the opportunity to better understand local barriers.</p>	<p>BCM has connected Angela &amp; Deon to Low Hill Street Watch – A meeting took place to explore walking routes in the ward and to facilitate a discussion on utilising the community centre as a hub for local people before and after walking.</p>	<p>Organise a litter pick with Low Hill Street Watch &amp; Wild Campers Against Waste.</p> <p>Meeting with Ranjit about whether he would be interested in having the Diabetic UK Moving Programme at the Wrestling Club and to get a starting date for when the women's classes can commence.</p> <p>Connect with Tony from Low Hill Community Centre – BCM is looking to build a relationship and develop the community hub for walkers. A place local people can socialise before and after walking.</p> <p>Anton Wright - Query if it would be now possible to attend his Low Hill young people ambassador forum</p>
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